

Ageless Resilience: Mindset, Tools, and Resources for Today's Job Seekers

Friday, January 9, 2026

12:00 pm – 2:00 pm

**Central Library,
Business & Career Center Classroom**



This two-hour, in-person workshop offers an engaging and motivational experience that helps older adults reframe their professional identity, develop confidence, and identify actionable steps toward re-entry or advancement in the workforce. The session integrates interactive exercises, guided reflection, and practical resource-sharing aligned with BPL's and NYC Aging's shared missions of lifelong learning, economic opportunity, and empowerment.

Facilitated by NYC Department for the Aging's Workforce & Community Development and hosted by the library's Services for Older Adults as part of its "Workforce Development for Older Adults" initiative.

Registration required.

If you have any questions, please call 718.230.2442.



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